



# Contents

## Editorials

- ▶ **Editorial: Patellofemoral Instability Symposium**  
*Sachin Tapasvi, Parag Sancheti, Ashok Shyam*

## Symposium

- ▶ **First Time Lateral Patellar Dislocation: Evaluation and Management**  
*Jarred K. Holt, Bradley Nelson*
- ▶ **The Role of Imaging in the Evaluation of Patellar Instability**  
*Benjamin F Sandberg, Marc A Tompkins*
- ▶ **Medial Patellofemoral Ligament Reconstruction- State of the Art**  
*Anshu Shekhar, Shantanu Patil, Sachin Tapasvi*
- ▶ **Tibial Tubercle Osteotomy for Patellar Instability: Where are we in 2018?**  
*Marta Engelking, Andrew Schmiesing, Elizabeth A. Arendt*
- ▶ **Management of Patellar Chondral Defects**  
*Kelsey L. Wise, Jeffrey A. Macalena*
- ▶ **Post-operative Rehabilitation for Select Patellar-stabilizing Procedures**  
*Jill Monson, Elizabeth Niemuth*

## Review

- ▶ **Advances in Kienbock's Disease: imaging and arthroscopy**  
*Jill Monson, Elizabeth Niemuth*

## Original Article

- ▶ **Functional Outcome after Reconstruction in Patients with Anterior Cruciate Ligament Injuries after Roadside Accident in Non-athlete Population**  
*Pawan Kamal, Shekhar Singhal, Akshdeep Bawa, Rajnish Garg*

## Case Report

- ▶ **Arthroscopic Removal of a Subchondral and Intra-articular Broken Sewing Needle from the knee of a 3 year old girl**  
*Abey Thomas Babu, Praveen Kumar KS, James Cyriac, John Mathew*

- ▶ **Symposium, p 03**
- ▶ **Editorials, p 01**

Articles appearing in this print version are also available online on the website of the Journal and the version in print may have been shortened. There are additional supplementary materials which are available on the Journal website. These are indicated in the text whenever applicable and will be labeled as extra on the website.

Please cite all articles by year, volume and page numbers example  
Asian Journal of Arthroscopy 2018 Aug - Nov: 1(2);22-25  
A note on how to cite appears at the end of every article and this is the form in which reference will appear on pubmed and other indexing bodies.

© 2018 Asian Journal of Arthroscopy

The Journal and Editorial Board is not liable for any harm caused by work published in this volume. Please confirm with relevant literature before using the information given in the Journal. The Journal and Editorial Board does not endorse any advertisement featured in this volume or on the journal website.

Journal Publisher: ResearchOne®  
Publishing House, Thane,  
Maharashtra, India. 400601  
Editorial Office: Thane Maharashtra  
India. 022-25834545

**Submit Article to Asian Journal of Arthroscopy**

Visit Journal website and Register yourself with our online manuscript submission software 'Scripture'. Please read the guidelines to authors carefully and format article accordingly. In case of any query please write to us at editor.asianarthroplasty@gmail.com. For more information visit [www.asianarthroplasty.com](http://www.asianarthroplasty.com)